



47 E Main St  
West Brookfield, MA 01585  
**508-867-7716**  
[www.quaboagonthecommon.com](http://www.quaboagonthecommon.com)



## QUABOAG'S CENTRAL MASS. MEMORY CARE CAFÉ

Jointly sponsored by  
Tri Valley, Inc. Elder Services



TRI VALLEY, INC.  
*Home With You*

3rd Tuesday every month • 2:00 – 3:00 pm  
Starting February 18th

A Memory Café is a welcoming space for people with some form of dementia or other changes in memory and their care partners. This program is designed to engage all who attend providing a safe and welcoming atmosphere. Bring a spouse, family member, or friend and meet new friends of all ages! We provide refreshments and an art or performance activity you can join in if you choose.

*Please note that a caregiver must accompany.*

**Refreshments are sponsored by Hannaford's of North Brookfield.**

## QUABOAG'S CAREGIVER SUPPORT GROUP

2nd Thursday every month • 9:30 – 10:30 am  
Starting February 13th

This event is open to all family caregivers from the community as well as family caregivers of Quaboag residents. Come join us in a welcoming, relaxed environment for conversation and support.

**Refreshments will be provided.**

**TO RSVP OR LEARN MORE CALL THE ADMISSIONS DEPARTMENT AT 508-867-7716**

### HELPFUL DIRECTIONS TO OUR CENTER:

FROM WORCESTER: Take Route 9 West to West Brookfield. Center is located on the left across from the Common.

FROM SPRINGFIELD AREA: Take I90-East to Exit 8 (Palmer). Take a left onto Route 32N to Ware. Bear right in the center of Ware onto Routes 32 and 9. Stay on Route 9 East to West Brookfield. Center is located on the right across from the Common.