

North Brookfield Council on Aging
Minutes

June 12, 2023

2:05 p.m.

Present: Judy Manning; Florine Martel; Kathy Crevier; Mary Waytina; Michelle Thayer; Dottie Revene

Absent: Kate Norrie

Also present: Donna Seguin, Director; Courtenay Rivera, Asst. Director/Program and Outreach Director; Anne Rolfe Tymezyshyn, Diane Hopkins

Meeting was opened at 2:05 by Judy Manning, Chair

Fire Department - light bulbs replaced, as requested by Darrin Anderson, Assistant Fire Chief

There is no Alcohol consumption at Center unless a permit is obtained

Minutes of the May 8th meeting accepted as corrected:

Director's Report:

*Weekly lunches continue to be well attended *Kitchen Group meets monthly.

Meals planned through 8/16

*Fire Dept. will give talk on File of Life on 6/23 *Arts and Crafts continues to be well attended. Will meet on

6/22 *Social Club dined recently at Ladd's in Rutland *Movie - "And So It Goes"

scheduled for 6/19. Cedarbrook Village from Ware donating popcorn. *Revisit parking section of Policies and Procedures to make correction. *Upcoming: Father's Day Breakfast Buffet - 6/18; Movie - 6/19; Fire Dept. class - 6/21; Arts and Crafts - 6/22

Discussion regarding parking: *Policy booklet - Senior Center Patrons Only *Public Parking Lot *BOS office suggested a sign *Winter parking - no parking at all except at back fence (discussion on parking at back fence)

*Text from BOS regarding parking *No resolution right now

Program and Outreach Report:

*No Zumba classes thru September. Low attendance with 2 to 3 participants each week *Tai Chi (4) and Yoga steady numbers (6-8) *Lunch continues with steady numbers *Considering an Art Display if Arts and Crafts participants interested.

*Upcoming: Movie Monday - "As Good As It Gets"; Fire dept. presentation; Craft/Bake Sale on August 26th.

Social Club:

Would like to have a one-day trip to the Louisa May Alcott House in Concord, MA. in August. Would car pool.

Bread and Food Distribution:

Current policy indicates that this is open to North Brookfield and Brookfield residents only.

Woman from West Brookfield has participated in the distribution a couple times, but when informed of our policy, challenged it. Voted (one opposing) to amend policy: To include leftover -- any breads/foods left over can be taken by out-of-towners on Tuesday only from 11 to 1.

Election of Officers:

Election of officers for '24/'25. The following were nominated and voted

Chairperson Judy Manning

Vice Chair Florine Martel

Secretary Kathy Crevier

Treasurer Kate Norrie

It was noted that the COA Committee should consist of 9 regular and 3 alternates.

We are short 2 regular members and 3 alternates

Tara Hayes, Town Clerk, has requested a list of members for the Town's website.

Ms. Tymezyshyn had questions/comments for the COA

Is there an agenda for this meeting

What is the purpose of the COA

To address the needs of the Senior Community

Name three needs that COA addressed. How? Resolved?

Provide a weekly, nutritious, home-cooked meal

Set up a Policy and Procedures Manual

Developed a strong relationship with Town departments

Did you do poll or survey

Have not gone out looking for feedback

What is the Council doing to find out?

How do you evaluate the programs?

After Ms. Anne Rolfe T. left, we resumed our regular meeting

Discussion on Meals

We are short on cooks. How do we proceed?

Tri Valley

Low budget meals

Sandwich, Pickles, Chips

One meal a month be home made

Voted that we will not have monthly meetings in July/August

Roof

Bids for the roof are being solicited

Adjourned at 4:45

Submitted by Kathleen Crevier, Secretary